



CRADLE GEAR USA

SIZING CHART

Please be advised: The bellow measurements are just estimated guidelines and are not exact. If a size is in question we suggest sizing up.

*All measurements are in inches.

CRADLE GEAR MMA STYLE SHORTS SIZE CHART

APPAREL SIZE:	YS	YM	YL	S	M	L	XL	\$5 UPCHARGE	
								2X	3-4-5
WAIST:	20"	21-22"	23-25"	26-27"	28-30"	31-33"	34-36"	37-39"	40"+
HEIGHT:	13"	14"	15"	16"	17"	18"	19"	20"	21"
SLIT:	2.5"	3.5"	3.5"	4"	4"	4"	4"	4"	4"

CRADLE GEAR WRESTLING SINGLET SIZE CHART

*All measurements are in inches.

APPAREL SIZE:	YS	YM	YL	XS	S	M	L	XL	\$5 UPCHARGE
									2X
WEIGHT (lbs.):	up to 35	35-55	55-75	75-95	95-120	120-160	161-200	201-250	250 +

CRADLE GEAR UNISEX T-SHIRTS SIZE CHART

*All measurements are in inches.

APPAREL SIZE:	YS	YM	YL	S	M	L	XL	\$3 UPCHARGE	
								2X	3X
CHEST:	26-28	28-30	30-32	32-34	36-38	40-42	44-46	48-50	50-52
WAIST:	23-24	25-26	26-27	30-32	32-33	33-34	36-38	40-42	44-48
HEIGHT:	50-54	54-59	59-63						
SIZE:	4-5	6-8	10-12						

CRADLE GEAR UNISEX COOLMAX T-SHIRTS SIZE CHART

*All measurements are in inches.

APPAREL SIZE:	YS	YM	YL	S	M	L	XL	\$5 UPCHARGE	
								2X	3X
CHEST:	26-28	28-30	30-32	32-34	36-38	40-42	44-46	48-50	50-52
WAIST:	23-24	25-26	26-27	30-32	32-33	33-34	36-38	40-42	44-48
HEIGHT:	50-54	54-59	59-63						
SIZE:	4-5	6-8	10-12						

CRADLE GEAR UNISEX SWEATS SIZE CHART

*All measurements are in inches.

APPAREL SIZE:	YS	YM	YL	S	M	L	XL	\$4 UPCHARGE	
								2X	3X
CHEST:	26-28	28-30	30-32	32-34	36-38	40-42	44-46	48-50	50-52
WAIST:	23-24	25-26	26-27	30-32	32-33	33-34	36-38	40-42	44-48
HEIGHT:	50-54	54-59	59-63						
SIZE:	4-5	6-8	10-12						

CRADLE GEAR UNISEX 1/4 ZIP JACKET SIZE CHART

*All measurements are in inches.

APPAREL SIZE:	YS	YM	YL	S	M	L	XL	\$5 UPCHARGE	
								2X	3X
CHEST:	26-28	28-30	30-32	32-34	36-38	40-42	44-46	48-50	50-52
WAIST:	23-24	25-26	26-27	30-32	32-33	33-34	36-38	40-42	44-48
HEIGHT:	50-54	54-59	59-63						
SIZE:	4-5	6-8	10-12						

CRADLE GEAR COMPRESSION SHORTS SIZE CHART

*All measurements are in inches.

APPAREL SIZE:	YS	YM	YL	YXL	S	M	L	XL	\$5 UPCHARGE
									2X
WEIGHT (lbs.):	up to 35	35-55	55-75	75-95	95-120	120-160	161-200	201-250	250 +

CRADLE GEAR COMPRESSION SHIRT SIZE CHART

*All measurements are in inches.

APPAREL SIZE:	YM	YL	S	M	L	XL	\$5 UPCHARGE
							2X
WIDTH:	15.5	16	16.5	17	19	19.5	20
LENGTH:	24	25.5	25.5	26.5	27.5	29	30.5

CRADLE GEAR MENS/UNISEX WARM UPS SIZE CHART

*All measurements are in inches.

APPAREL SIZE:	YS	YM	YL	S	M	L	XL	\$5 UPCHARGE	
								2X	3-4-5
SIZE	7/8	10/12	14						
CHEST:	26-28	28-30	30-32	32-34	36-38	40-42	44-46	48-50	50-52
WAIST:	23-24	25-26	26-27	27-28	29-30	31-32	33-34	36-38	40-42
HEIGHT:	50-54	54-59	59-63						

CRADLE GEAR WOMENS SIZE CHART

*All measurements are in inches.

APPAREL SIZE:	XS	S	M	L	XL	\$3 UPCHARGE	
						2X	3X
SIZE:	0-2	4-6	8-10	12-14	16	18	20+
BUST:	31-33	33.5-35.5	36-38	38.5-40.5	41-43	44-46	47+
WAIST:	23-25	25.5-27.5	28-30	30.5-32.5	33-35	36-38	39+

CRADLE GEAR SOCKS SIZE CHART

APPAREL SIZE:	XS	S	M	L	XL
MEN'S SHOE:			5-8	9-12	13-15
WOMAN'S SHOE:		4-7	8-10	11-12	
YOUTH SHOE:	6-12	12-4			